



DOANE UNIVERSITY

SYLLABUS

Clinical Treatment Issues

Course Content

<i>Course Number:</i>	COU 657 HRE 321
<i>Course Title:</i>	Clinical Treatment Issues
<i>Course Dates:</i>	March 13 – May 13, 2017
<i>Credit Hours:</i>	3 Credits
<i>Instructor:</i>	<i>Elisa Tworek, M.A., LADC, PLMHP</i>
<i>Email:</i>	<u>elisa.tworek@doane.edu</u>
<i>Office Hours:</i>	By Appointment
<i>Meeting Times:</i>	Mondays 6 pm until 10:30 pm

Course Description

An exploration of theories and models used to develop techniques of individuals with chemical dependency. The focus of the course is the study of treatment issues specific to substance abuse disorders including assessment of and service delivery to the special populations of adolescents, women and older adults. Issues of sexual orientation, cultural uniqueness, diversity issues, with special populations, and developmental diversity influences are reviewed. Clinical issues that shape practice for professionals treating chemical dependency including denial, resistance and minimization, cross addiction, mental and physical health concerns, social and familial histories, enabling and response to specific methods influencing recovery are explored in relation to their integration into clinical practice taking into consideration gender, culture and lifestyle. This course investigates ways in which the issues of dual diagnosis disorders, physical and mental

MASTER OF ARTS IN COUNSELING

303 n. 52ND Street / Lincoln, Nebraska 68504 / 402.466.4774 / www.doane.edu

disorders, and family dynamics, relapse, spirituality and historical influences affect treatment planning, treatment protocols, and service provision for substance dependence individuals. Upon completion of this course students will identify treatment issues specific to substance abuse disorders and demonstrated understanding of the impact of these issues on service delivery.

Students who are preparing to work as addiction counselors will demonstrate the professional knowledge, skills, and practices necessary to work in a wide range of addiction counseling, treatment, and prevention programs, as well as in a mental health counseling context. (3)

Course Objectives:

1. The student will know the issues that affect substance use disorders for clients, including knowledge of theories and models, in order to develop an application of techniques for treating clients.
2. The student will comprehend the clinical issues that shape practice for professionals treating chemical dependency including mental and physical health concerns, social and familial histories, elements of enabling, and community methods influencing recovery such as 12 step models of treatment.
3. The student will identify the various diversity issues with special populations, including cultural dimensions, and developmental influences necessary to assess and integrate these elements into clinical practice.
4. The student will describe therapeutic skills necessary for treating substance use disorders.
5. The student will review clinical approaches for addressing treatment issues including the concepts of denial, resistance, and minimization and properties of relapse in chemical dependency.
6. The Student will examine the role of family dynamics in the addiction process.
7. The student will discuss the functions of co-occurring disorders related to substance use disorders.
8. The student will review cultural dimensions as they relate to substance use disorders including gender, age, and ethnicity.
9. The student will review and assess the use of treatment approaches and philosophies such as 12 -Step facilitated treatment, spirituality, bio - psychosocial and behavioral treatment models and the use of Motivational Interviewing.

REQUIRED TEXT:

Harold Dowieko, Concepts of Chemical Dependency, 9th Edition, Publisher: Thomson Brooks Cole, **ISBN-10:** 128545717X **ISBN-13:** 9781285457178 and selected articles, handouts and course materials.

Expectations of Students

1. The student is expected to attend and actively participate in each class
2. The student is expected to complete the required readings and assignments
3. The student is expected to demonstrate satisfactory performance on course assignments - selected text readings; complete 3 worksheets; work with a team to contact a local community speaker, and provide a 1 page handout for course participants and develop a case study to be used in class; present a media piece to bring clinical issues to light, complete 3 reaction papers.
4. The student is expected to respond to a variety of skill assessment techniques.
5. The student is expected to know about and use a variety of research methods to gather current information
6. The student is expected to know about legal issues and ethical standards in counseling
7. The student is expected to know about social/cultural contexts, basic theoretical content to be identified from other courses

Evaluation Criteria

Final Grade

The final grade will be based on the following criteria:

- A. Course attendance (25%)
- B. Completion of Course assignments – selected readings, worksheets. (25%)
- C. Graduate quality course assignments (25%)
- D. Graduate quality class participation (25%)

Final letter grade:

95% to 100% = A

85% to 94% = B

75% to 84% = C

0% to 74% = F

1. **[NOTE: The evaluation criteria is given as a general guideline. Course assignments and the exact final letter grade are at the discretion of the instructor. Each instructor will include assignment of information and grading procedure in this section in the specific course syllabus posted on the web site and handed out at the beginning of each semester.]**

I. Methods of Instruction: A combination of:

- A. Classroom lectures and discussion; community presentations.
- B. Classroom experiential exercises and student involvement in course activities
- C. Web-assisted, Blackboard, instructions, assignments, worksheets or exams

- D. This will be an interactive course that includes an elevated level of classroom participation, including lecture and instruction, guest speakers, videos, case studies, and student presentations
- II. Academic Policy Statement:** Doane College values academic integrity (honesty, trust, fairness, respect, and responsibility) and recognizes that individuals can achieve their maximum potential and contribute appropriately to the well-being of the larger community only if they recognize the ethical dimensions of decisions and actions. The college assumes all members of the academic community will exhibit academic integrity supporting student access, academic quality, academic rigor, innovation and collegiality. Plagiarism and cheating are examples of behaviors that do not meet this value.
- III. Students with Disabilities Statement** Any student who feels she/he may need an accommodation based on the impact of a disability should contact MAC Assistant Dean Jean Kilnoski, 402 466-4774 ext 321 or jean.kilnoski@doane.edu to confidentially discuss specific needs and to coordinate reasonable accommodations for documented disabilities.
- IV. Civility, Respect and Classroom Etiquette:** Respect for presenters, other students and the instructor is required. **Cell Phones:** The class will discuss handling cell phone calls during class and come to consensus on a procedure. **Texting:** Please refrain from text messaging during class as it is unprofessional. Personal computers have limited application in this course.
- V. Counselor Dispositions:** Under Development
- VI. Course Schedule:** The course meetings will be held on Monday evenings 6:00 – 10:30 PM.